



Allan and Berry Go to School

Parent watch-along guide

Watch with your child, then choose 2 or 3 moments to revisit. Use the prompts to invite conversation and notice their responses. Give them time to speak, point, draw or pass. Listen to their own experience.

01 Morning at home

Scenes 1-3

Discuss: Ask which parts of the morning feel comfortable or difficult.

Consider: Light, food and clothing textures, pace and waking time.

02 On the bus

Scene 4

Discuss: Ask how they might feel on the bus and what they would need.

Consider: Sound, crowding and whether company or space helps.

03 Making art

Scenes 5-6

Discuss: Explore how Berry feels about stopping and what might help.

Consider: Creative choices, time warnings and keeping unfinished work.

04 Playing outside

Scenes 7-8

Discuss: Ask which playground activity your child would choose, and why.

Consider: How movement, watching and different sensations affect comfort.

05 Waiting and lunch

Scenes 9-10

Discuss: Ask what helps them wait and where they would choose to sit.

Consider: Sound, nearby people and quiet or conversation while eating.

06 Taking a break

Scenes 11-12

Discuss: Explore which kind of break leaves them feeling comfortable.

Consider: Whether reading, toys, lighting or movement helps them rest.

07 Exploring textures

Scene 13

Discuss: Invite them to describe textures they would or would not like to touch.

Consider: Let them choose to look, touch or leave a material for another time.

08 Home after school

Scenes 14-16

Discuss: Ask what they need between arriving home, homework and winding down.

Consider: Pace, energy and space for company or time alone.

From understanding to supportive spaces

Your child's responses can guide choices about lighting, sound, materials, layout and places to rest or move. Ask where they feel comfortable resting, playing or concentrating, and what helps. Notice their responses across settings and times to understand which spaces support them best as their needs change.