Allanberry

Consultation

2025 - 2026

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Allanberry Rooms
Design shaped by your needs

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Welcome to Allanberry Rooms

This guide offers a closer look at our consultation process — how it works, what's included, and what you can expect along the way.

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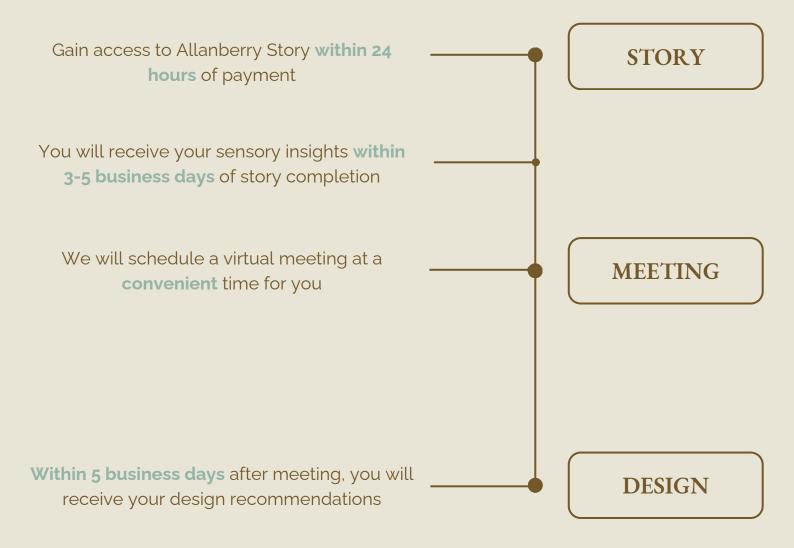
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Our Timeline



Each consultation typically takes **1–2 weeks**, depending on how quickly you complete the Allanberry Story. We move at a comfortable pace — allowing time for reflection, discussion, and thoughtful design preparation.

Our goal is to understand first, then design — creating spaces that feel truly right for you.

Our Consultation Journey

Every consultation is a gentle and structured process designed to help us understand your child's sensory world and translate it into meaningful design for daily comfort and wellbeing.

Take a look at your consultation journey below.

1. Explore Your Sensory Experience

You'll start with Allanberry Stories, our interactive digital storybook that gently introduces sensory awareness through illustrated characters and simple reflections. As your child follows Allan and Berry through everyday environments, they'll make small choices, which helps us understand how they experience the world around them

2. Receive Your Sensory Insights

After completing the story, you'll receive a short personalised overview of your child's sensory preferences and sensitivities — the foundation for creating a supportive environment.

3. Join Your Consultation

We'll meet online to discuss your child's sensory insights together. This conversation helps us connect their experiences with practical design ideas that can enhance focus, comfort, and emotional balance at home or school.

4. Receive Your Design Recommendations

Following your consultation, you'll receive tailored design and product advice shaped around your child's sensory insights. This includes layout, lighting, and material suggestions, along with curated product recommendations to help create a calming and supportive environment.

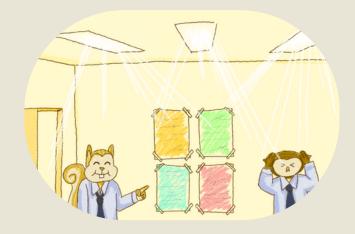
What is Allanberry Story?

It's an **interactive digital storybook** that gently explores your child's sensory world through everyday scenes and simple reflections.



As your child follows Allan and Berry through morning, afternoon, and evening settings, their small choices and reactions help us understand what makes them **feel calm, focused, or overwhelmed**.

These insights form the foundation for your personalised design consultation — helping us create spaces that truly support **your child's comfort and wellbeing**.



There are **18 pages** in total and cover situations at home, travelling, and school.

Think about:

- How might your child react in these scenes?
- What could help them relax, calm down, or focus?

What Allanberry Rooms Is (and Isn't)

How We Approach Sensory Design

At Allanberry Rooms, our process draws on psychological principles, sensory research, and interior design expertise.

We aim to bridge the gap between emotional understanding and physical space, helping you make informed, practical choices that promote comfort, focus, and wellbeing in daily life.

What Allanberry Rooms Is

Allanberry Rooms combines psychological insight with interior design expertise to help you understand how sensory environments affect comfort, focus, and emotional balance.

We use this understanding to create evidence-informed design recommendations — shaping spaces that support wellbeing and daily regulation for both children and adults.

Allanberry Rooms Is Not

Allanberry Rooms is not a clinical or diagnostic service.

We don't provide medical treatment or confirm conditions such as ADHD, autism, or sensory processing disorder.

Mini Case Study Noah, Age 7, UK

Sensory Insights

Through the Allanberry Story, Noah showed that he enjoys **lively** and colourful scenes — moments with movement, creativity, and freedom.

He's **energetic**, **spontaneous**, and happiest when he can be active or hands-on. He likes soft, comfortable things and enjoys mixing activities up rather than following the same routine.

In class, he sometimes struggles to stay focused when tasks feel slow or repetitive, but when a project captures his interest, he becomes **completely absorbed**. He doesn't mind when plans change and adapts easily.

Bright lights don't bother him — he prefers spaces where he can see clearly and stay connected to what's happening.

Design & Product Guidance

To support Noah's sensory needs, Allanberry Rooms recommended:

- **Movement Seating** a wobble stool or small balance cushion to support focus through subtle movement.
- **Soft Textures** a beanbag or cushioned mat to help his body rest and reset after activity.
- Clear Layout and Zoning a defined workspace for building, drawing, or experimenting, paired with a calmer space for winding down.
- **Bright, Clear Lighting** open light levels that keep the space bright and easy to navigate.
- **Dynamic Wall or Sensory Panels:** A textured wall strip or pegboard area where he can rearrange items or art combining tactile feedback with creative play.

Mini Case Study Jiwon, Age 10, Korea

Sensory Insights



Through the Allanberry Story, Jiwon showed that she feels most at ease when her surroundings are **calm**, **consistent**, **and predictable**. She enjoys scenes with **gentle light**, **soft textures**, **and clear order**. When routines change suddenly, she can feel unsettled or anxious.

Jiwon spends much of her time alone and finds comfort in quiet moments. She enjoys social time with friends but **prefers to choose when and how it happens.** She also mentioned that overhead lights can feel harsh and that bright classroom colours can distract her focus.

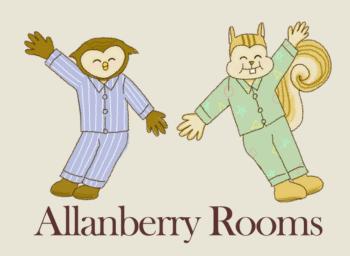
Jiwon becomes deeply absorbed in detailed activities — drawing, sorting, or creating patterns — **often losing track of time**. She sometimes **struggles to notice when she's hungry or tired**, especially when she's focused on something she enjoys. She likes her space to feel **"just right"** and becomes frustrated when things feel out of order or when she can't express herself freely.

Design & Product Guidance

To support Jiwon, Allanberry Rooms recommended:

- **Soft, Diffused Lighting** replacing overhead bulbs with warm, adjustable lamps.
- **Muted Colour Scheme** calm tones to support focus and reduce visual distraction.
- Organised Layout clearly defined zones for work, rest, and creative play to keep routine stable.
- Comfort Space a small, private corner with soft textures and a blanket for quiet time.
- **Time Awareness Tools** a visual clock or colour-changing timer to help her recognise transitions and body cues (like when to eat or rest).

Allanberry Rooms Consultation



Thank you for your interest in Allanberry Rooms.

Our consultation is a gentle and structured process designed to help you understand how sensory design can support comfort and wellbeing in daily life. Together, we explore how sensory environments influence you across different settings — at home, school, or work.

The consultation includes your Allanberry Story, Sensory Insights Summary, and a Virtual Meeting where we translate understanding into practical design ideas.

Ready to Begin?

To book your consultation, please visit our website or email us at mliptrot@allanberryrooms.com

Payment Methods

You can make a secure payment through KG Inicis or PayPal. All payments are processed safely through trusted platforms that meet international security standards.